STARD 2015 – An updated list of essential items
for reporting diagnostic accuracy studies

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Incomplete reporting has been identified as a major source of avoidable waste in biomedical research. Essential information is often not provided in study reports, impeding the identification, critical appraisal, and replication of studies. To improve the quality of reporting of diagnostic accuracy studies, the Standards for the Reporting of Diagnostic Accuracy Studies (STARD) statement was developed. Here we present STARD 2015, an updated list of 30 essential items that should be included in every report of a diagnostic accuracy study. This update incorporates recent evidence about sources of bias and variability in diagnostic accuracy and is intended to facilitate the use of STARD. As such, STARD 2015 may help to improve completeness and transparency in reporting of diagnostic accuracy studies.

Introduction

As researchers we talk and write about our studies, not just because we are happy - or disappointed - with the findings, but also to allow others to appreciate the validity of our methods, to enable our colleagues to replicate what we did, and to disclose our findings to clinicians, other health care professionals, and decision-makers, who all rely on the results of strong research to guide their actions.

Unfortunately, deficiencies in the reporting of research have been highlighted in several areas of clinical medicine [1]. Essential elements of study methods are often poorly described and sometimes completely omitted, making both critical appraisal and replication difficult, if not impossible. Sometimes study results are selectively reported, and other times researchers cannot resist unwarranted optimism in their interpretation of their findings [2-4]. This limits the value of the research and any downstream products or activities, such as systematic reviews and clinical practice guidelines.

Reports of studies of medical tests are no exception. A growing number of evaluations have identified deficiencies in the reporting of test accuracy studies [5]. These are studies in which a test is evaluated against a clinical reference standard, or gold standard; the results are typically reported as estimates of the test's sensitivity and specificity, which express how good the test is in correctly identifying patients as having the target condition. Other accuracy statistics can be used as well, such as the area under the Receiver Operating Characteristic (ROC) curve, or positive and negative predictive values.

Despite their apparent simplicity, such studies are at risk of bias [6, 7]. If not all patients undergoing testing are included in the final analysis, for example, or if only healthy controls are included, the estimates of test accuracy may not reflect the performance of the test in clinical applications. Yet such crucial information is often missing from study reports.

It is now well established that sensitivity and specificity are not fixed test properties. The relative number of false positive and false negative test results varies across settings, depending on how patients present, and on which tests they already underwent. Unfortunately, many authors also fail to report completely the clinical context, and when, where and how they identified and recruited eligible study participants [8]. In addition, sensitivity and specificity estimates can also differ due to variable definitions of the reference standard against which the test is being compared. This implies that this information should be available in the study report.

The 2003 STARD Statement

To assist in the completeness and transparency of reporting diagnostic accuracy studies, a group of researchers, editors and other stakeholders developed a minimum list of essential items that should be included in every study report. The guiding principle for developing the list was to select items that, if described, would help readers to judge the potential for bias in the study, and to appraise the applicability of the study findings and the validity of the authors' conclusions and recommendations.

The resulting STARD statement (STAndards for Reporting Diagnostic accuracy studies) appeared in 2003 in two dozen journals [9]. It was accompanied by editorials and commentaries in several other publications, and endorsed by many more.

Since the publication of STARD, several evaluations pointed to small but statistically significant improvements in reporting accuracy studies (mean gain 1.4 items; 95% CI 0.7 to 2.2) [5, 10]. Gradually, more of the essential items are being reported, but the situation remains far from optimal.

Methods for developing STARD 2015

The STARD steering committee periodically reviews the literature for potentially relevant studies to inform a possible update. In 2013, the steering committee decided that the time was right to update the checklist.

Updating had two major goals: first, to incorporate recent evidence about sources of bias, applicability concerns and factors facilitating generous interpretation in test accuracy research, and second, to make the list easier to use. In making modifications we also considered harmonization with other reporting guidelines, such as CONSORT 2010 (CONsolidated Standards Of Reporting Trials) [11].

A complete description of the updating process and the justification for the changes are available on the EQUATOR (Enhancing the QUAlity and Transparency Of health Research) website at www.equator-network.org/reporting-guidelines/stard. In short, we invited the 2003 STARD group members to participate in the updating process, to nominate new members, and to comment on the general scope of the update. Suggested new members were contacted. As a result, the STARD group has now grown to 85 members; it includes researchers, editors, journalists, evidence synthesis professionals, funders, and other stakeholders.

STARD group members were then asked to suggest and, later, to endorse proposed changes in a two-round web-based survey. This served to prepare a draft list of essential items, which was discussed in the steering committee in a two-day meeting in Amsterdam, the Netherlands, in September 2014. The list was then piloted in different groups: in starting and advanced researchers, with peer reviewers, and with editors.

The general structure of STARD 2015 is similar to that of STARD 2003. A one-page document presents 30 items, grouped under sections that follow the IMRAD structure of a scientific article (Introduction, Methods, Results, And Discussion; STARD list available at www.equator-network.org/reporting-guidelines/stard). Several of the STARD 2015 items are identical to the ones in the 2003 version. Others

have been reworded, combined or, if complex, split. A few have been added (See Table 1 for a summary of new items; Table 2 for key terms). A diagram to describe the flow of participants through the study is now expected in all reports (prototypical STARD diagram available at www.equator-network.org/reporting-guidelines/stard).

Scope

STARD 2015 replaces the original version published in 2003; those who would like to refer to STARD are invited to cite this article (*BMJ*, *Radiology*, or *Clinical Chemistry* version). The list of essential items can be seen as a minimum set, and an informative study report will typically present more information. Yet we hope to find all applicable items in a well-prepared study report of a diagnostic accuracy study.

Authors are invited to use STARD when preparing their study reports. Reviewers can use the list to verify that all essential information is available in a submitted manuscript, and to suggest changes if key items are missing.

We trust that journals who endorsed STARD in 2003 or later will recommend the use of this updated version, and encourage compliance in submitted manuscripts. We hope that even more journals, and journal organizations, will promote the use of this and comparable reporting guidelines. Funders and research institutions may promote or mandate adherence to STARD as a way to maximize the value of research and downstream products or activities.

STARD may also be beneficial for reporting other studies evaluating the performance of tests. This includes prognostic studies, which can classify patients based on whether or not a future event happens, monitoring studies, where tests are supposed to detect or predict an adverse event or lack of response, studies evaluating treatment selection markers, and more. We and others have found most of the STARD items also useful when reporting and examining such studies, although STARD primarily targets diagnostic accuracy studies.

Diagnostic accuracy is not the only expression of test performance, nor is it always the most meaningful [12]. Incremental accuracy from combining tests, relative to a single test, can be more informative, for example [13]. For continuous tests, dichotomization into test positives and negatives may not always be indicated. In such cases, the desirable computational and graphical methods for expressing test performance are different, although many of the methodological precautions would be the same, and STARD can help in reporting the study in an informative way. Other reporting guidelines target more specific forms of tests, such as TRIPOD for multivariable prediction models (Transparent Reporting of a multivariable prediction model for Individual Prognosis Or Diagnosis) [14].

Table 1. Summary of new items in STARD 2015

	Item	Rationale
2	Structured Abstract	Abstracts are increasingly used to identify key elements of study design and results.
3	Intended Use and Clinical Role of the Test	Describing the targeted application of the test helps readers to interpret the implications of reported accuracy estimates.
4	Study Hypotheses	Not having a specific study hypothesis may invite generous interpretation of the study results and "spin" in the conclusions.
18	Sample Size	Readers want to appreciate the anticipated precision and power of the study, and whether authors were successful in recruiting the targeted number of participants.
26 & 27	Structured Discussion	To prevent jumping to unwarranted conclusions, authors are invited to discuss study limitations, and to draw conclusions keeping in mind the targeted application of the evaluated tests (see item 3).
28	Registration	Prospective test accuracy studies are trials, and, as such, they can be registered in clinical trial registries, such as ClinicalTrials.gov before their initiation, facilitating identification of their existence, and preventing selective reporting.
29	Protocol	The full study protocol, with more information about the predefined study methods, may be available elsewhere, to allow more fine-grained critical appraisal.
30	Sources Of Funding	Awareness of the potentially compromising effects of conflicts of interest between researchers' obligations to abide by scientific and ethical principles and other goals, such as financial ones; test accuracy studies are no exception.

Table 2. Key STARD terminology

Term	Explanation
Medical test	Any method for collecting additional information about the current or future health status of a patient.
Index test	The test under evaluation.
Target condition	The disease or condition that the index test is expected to detect.
Clinical reference standard	The best available method for establishing the presence or absence of the target condition. A gold standard would be an error-free reference standard.
Sensitivity	Proportion of those with the target condition who test positive with the index test.
Specificity	Proportion of those without the target condition who test negative with the index test.
Intended use of the test	Whether the index test is used for diagnosis, screening, staging, monitoring, surveillance, prediction, prognosis, or other reasons.
Role of the test	The position of the index test relative to other tests for the same condition (e.g. triage, replacement, add-on, new test).

Although STARD focuses on full study reports of test accuracy studies, the items can also be helpful when writing conference abstracts, when including information in trial registries, and when developing protocols for such studies. Additional initiatives are underway to provide more specific guidance for each of these applications.

STARD Extensions and Applications

The STARD statement was designed to apply to all types of medical tests. The STARD group believed that a single checklist, one for all diagnostic accuracy studies, would be more widely disseminated and more easily accepted by authors, peer reviewers, and journal editors, compared to developing separate lists for different types of tests, such as imaging, biochemistry, or histopathology.

Having a general list may necessitate additional instructions for informative reporting, with more information for specific types of tests, specific applications, or specific forms of analysis. Such guidance could describe the preferred methods for studying and reporting measurement uncertainty, for example, without changing any of the other STARD items. The STARD group welcomes the development of such STARD extensions, and invites interested groups to contact the STARD executive committee before developing them.

Other groups may want to develop additional guidance to facilitate the use of STARD for specific applications. An example of such a "STARD application" was prepared for history taking and physical examination [15]. Another type of

applications is the use of STARD for specific target conditions, such as dementia [16].

Availability

The new STARD 2015 list and all related documents can be found on the STARD pages of the EQUATOR website. EQUATOR is an international initiative that seeks to improve the value of published health research literature by promoting transparent and accurate reporting, and wider use of robust reporting guidelines [17, 18]. The STARD group believes that working more closely with EQUATOR and other reporting guideline developers will help us better to reach shared objectives. We have updated the 2003 explanation and elaboration document, which can also be found at the EQUATOR website. This document explains the rationale for each item, and gives examples.

The STARD list is released under a Creative Commons license. This allows everyone to use and distribute the work, if they acknowledge the source. The STARD statement was originally reported in English, but several groups have worked on translations in other languages. We welcome such translations, which are preferably developed by groups of researchers, using a cyclical development process, with back-translation to the original language, and user testing [19]. We have also applied for a trademark for STARD, to ensure that the steering committee has the exclusive right to use the word "STARD" to identify goods or services.

Increasing value, reducing waste

The STARD steering committee is aware that building a list of essential items is not sufficient to achieve substantial improvements in reporting completeness, as the modest improvement after introduction of the 2003 list has shown. We see this list not as the final product, but as the starting point for building more specific instruments to stimulate complete and transparent reporting, such as a checklist and a writing aid for authors, tools for reviewers, for editors, instruction videos, and teaching materials, all based on this STARD list of essential items.

Incomplete reporting has been identified as one of the sources of avoidable "waste" in biomedical research [1]. Since STARD was initiated, several other initiatives have been undertaken to enhance the reproducibility of research and to promote greater transparency [20]. Multiple factors are at stake, but incomplete reporting is one of them. We hope that this update of STARD, together with additional implementation initiatives, will help authors, editors, reviewers, readers and decision-makers to

collect, appraise and apply the evidence needed to strengthen decisions and recommendations about medical tests. In the end, we are all to benefit from more informative and transparent reporting: as researchers, as health care professionals, as payers, and as patients.

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